



Love & Lust

The Sexiest Spots to Touch Him During Sex

We found a new way to think about his junk that makes pleasing him easier than ever. Learn the secret, then use our brilliant moves.

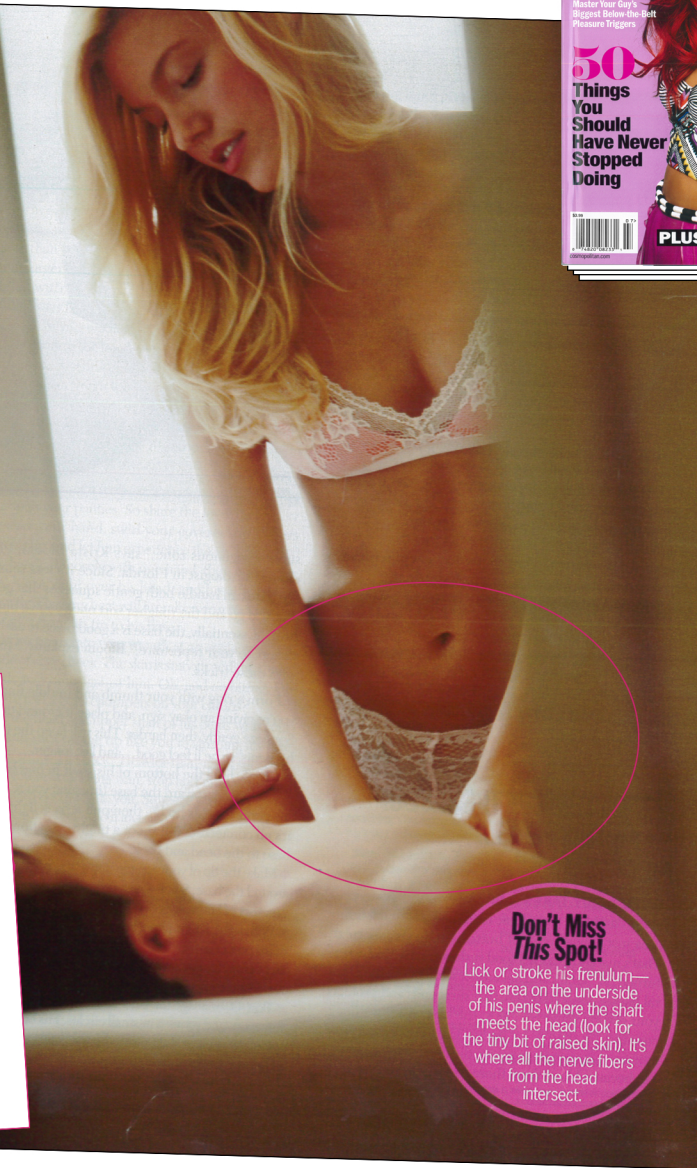
BY ANNIE DALY

► Sure, robotically moving your hands up and down your guy's shaft is a surefire action...but to achieve sex that truly *masters* his man bits, the secret is knowing which areas are similar to his. "Biologically speaking, we start with the same parts in the we're built with many common nerve endings," says Allen Berges, a sexologist in Nashville. "So if you touch zones like some of your own when you touch him, it's easier to understand how his key down-there hot spots, we can part you should link it to in your mind—they're constructed similarly or they respond to touch in a similar way—some awesome new moves to try."

1 THINK OF HIS SHAFT... LIKE THE OUTER CURVE OF YOUR BREAST

CONSIDER HOW IT FEELS when he gently caresses the sides of your boobs at the beginning of foreplay. He may not be making a beeline for the obvious pleasure gold mines that are your nipples, but you're still totally turned on, right? Same goes for a guy's shaft: Touch it lightly at first, avoiding all the other hot spots of his penis, and you'll build his anticipation, making him all revved up.

Next, step up the pressure. Like your breasts, there aren't a ton of nerves in his shaft, so it can handle a firmer grip than you may think. "A man can get frustrated when a woman is too gentle with his shaft," says clinical sexologist Yvonne K. Fulbright, PhD, author of *The Best Oral Sex Ever: Her Guide to Going Down*. "You can definitely be firm—don't be afraid to grab it in your palm and stroke it with passion!" The key is to find the right balance.



Don't Miss This Spot!

Lick or stroke his frenulum—the area on the underside of his penis where the shaft meets the head (look for the tiny bit of raised skin). It's where all the nerve fibers from the head intersect.